



Caring for your Dentures

Brush your dentures daily: use a non-abrasive cleaner, not toothpaste

Soak your dentures daily: Use a denture cleanser to remove more plaque and disinfect your dentures

Leave your dentures out at night: Helps to relieve any soreness and prevent infection

Visit your dentist regularly: Ensures your mouth remains healthy

Tel: 01509 856 041

Web: www.brookviewdentalcare.co.uk

Email: contactus@brookviewdentalcare.co.uk