



### **Additional SOPs – Self Isolation for Healthcare Staff**

On 16 August 2021, the guidance around self-isolation following exposure to or contact with a COVID-19 positive person changed for those people who are double vaccinated. The advice to healthcare staff is different to the advice to the general public because of the vulnerabilities of the patients.

The instructions below should be followed if you are a contact of someone who has tested positive with COVID-19.

#### **Double vaccinated staff:**

Household contacts (including people who you have been sharing any accommodation with) should **NOT** return to work and must complete the full isolation period.

Non-household contacts: There is no requirement to self-isolate however you will need to comply with the following instructions:

- Do not attend work if you have any symptoms of COVID-19, even if these symptoms are mild.
- Have a negative PCR test before return to work.
- Complete daily lateral flow tests for 10 days following last contact with the case and report these results through the portal.
- If you have a positive lateral flow test do not come to work, arrange for a PCR test and isolate.
- Comply with infection prevention and control precautions, including PPE and social distancing.
- If you are working with highly vulnerable patients a risk assessment is required and consideration should be given to redeployment.

#### **Unvaccinated or partially vaccinated staff:**

If you are notified as a contact you must self-isolate.